

Share God's Love

30 acts of kindness in 30 days

Pick something to do each day during the month of September.

Choose something different each day or repeat.

Children who participate will earn a prize!

1. Pick up trash in the park
2. Help a neighbor with yard work
3. Bake something for a neighbor
4. Take dinner to someone in need (could be someone who just got out of the hospital, someone who is sick, an elderly friend, or neighbor)
5. Let someone go in front of you in line at the grocery store
6. Pay for someone's coffee
7. Give an extra good tip for takeout/ to a server
8. Do something special for a teacher
9. Write a note of encouragement to a friend
10. Write a thank you note to a doctor or nurse
11. Return grocery carts to the store
12. Clean out your toys! Give the ones you don't use to North Fulton Community Charities, Salvation Army, or Goodwill
13. Clean out your clothes! Donate to North Fulton Community Charities, Foster Care Support Foundation, Salvation Army, or Goodwill
14. Mail a package to family
15. Clean up without being asked
16. Do a random act of kindness for someone in your immediate family
17. Choose an item from North Fulton Community Charities' top food pantry needs ([LINK](#)) and donate multiple items
18. Call a senior adult
19. Leave uplifting notes with sidewalk chalk
20. Play [freerice.com](#) and feed the hungry
21. Do a random act of kindness for someone in your class
22. Do a random act of kindness for someone on your street
23. Choose a nonprofit (animal shelter, North Fulton Community Charities, Foster Care Support Foundation, Drake House) and help out
24. Thank a soldier, police officer, or firefighter
25. Give someone a sincere compliment
26. Create art and send to [colorasmile.org](#)
27. Offer to do someone else's chore
28. Donate to our church food pantry
29. Contribute to Family Promise meals
30. Dry the slides at a park after it rains
31. Tell a manager how good service is
32. Smile at everyone you see
33. Leave a book in a Little Free Library ([Find one nearby](#))
34. Help with Family Promise (contact Charles Fuller for more information)
35. Thank your mail carrier
36. Contact a nursing home and ask for a pen pal. Commit to writing notes at least once a week.
37. Paint/write encouraging words on rocks and leave them around your neighborhood
38. Bake cookies for someone who could use some encouragement
39. Create a basket with bottled water and packaged snacks with a note thanking delivery people (UPS, Fedex, etc.). Encourage them to take something!
40. Create your own list of things you can do to serve others!

