

Journey Through Lent – Week 1

Ash Wednesday marks the beginning of Lent. It is a time when we remember our humanness and our sin. We use ashes to remind us that God created us from the dust of the earth. They also remind us that someday we will die and return to being the dust of the earth. As we look at the cross made from ashes, we also remember our sin. If you've ever tried to get ashes off your hands, you know that ashes make a big mess. It's hard to get the ashes off. It's the same with our sin. The things we do wrong, sins, leave invisible marks all over us. They stick to us. And as hard as we try, we can't get them off. No one else may see them, but we know the things we do that are wrong.

And so Jesus came to show us how to live, to die for us, and to rise again, defeating sin and death. Jesus died so that we could be forgiven. No longer would our sin separate us from God. Today, we remember that we are not perfect. We remember that we sin and we ask for forgiveness for the things we've done wrong.



The Ashes

READ

Acts 3:19 and Psalm 51

PRAY

The Lord promises to make us clean from our sins. He promises to always forgive us. All we have to do is ask. Look at the cross made from ashes. Think about your sins. Ask God to forgive you for the things you've done wrong. Ask God for help in letting go of your sins.

ACT

Take a piece of paper outside, gather a bit of dirt, and use it to make a cross on your paper. Think of the dirt as the things you've done wrong. Remember that God loves you so much that He died for you.

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